

If you have any questions or would like further information, please speak to Mrs Ward.



Redhill Primary School
Gatcombe Way
Priorslee
Telford
TF2 9GZ
01952 387979



Redhill Primary School



Living and Growing Sex and Relationships Education at Key Stage 1

Information for Parents and
Carers

During this term, your child will be taking part in the relationships and sex education element of the curriculum. The emphasis is on the skills of relationships, which will be continually reinforced in all aspects of school life.

At Redhill Primary School we follow "Living and Growing". This has been recommended by Telford and Wrekin and the content is specifically aimed at Key Stage 1 children.

This will usually be delivered by your child's

teacher and has been delivered to Redhill children, every year, over the last sixteen years.



Prior to starting this work, ground rules will be established by each class to ensure that children feel comfortable with the content of each session and how any sensitive issues discussed will be handled in a supportive environment.

Your child will be learning about:

- * Relationship skills such as likes and dislikes.
- * Making choices.
- * Some of the changes that occur as we grow from babies through to adults,
- * Looking at how they have changed since they were a baby and how they will change as they grow up.
- * Different relationships, that all families are different and explore the qualities of good friends.
- * Similarities and differences between males and females;
- * The correct names for body parts: head, arm, foot, leg, hair, hand, penis, testicles, vagina, nipples etc
- * Human and animal lifecycles, that both humans and animals have babies including how a foetus grows during pregnancy inside the womb.

Unit 1 will be delivered in Year Two, with Unit 2 in Year Five and Unit 3 in Year Six.

As part of the sessions in Year Two the children will watch Unit 1 from the Channel 4 "Living and Growing" DVD .

Children will view the following

- Differences
- Growing Up
- How did I get here?

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The children will also use big book resources and activity sheets.

These can be viewed on request.